

RF 10/10 Trading Sessions 2011								**Training sessions just 1-2 hours long
								6323 carried forward
<u>Date</u>	<u>Currency</u>	<u>Trending</u>	<u>Couter-trend</u>	<u>Pips Captured</u>	<u>Cummulative Pips</u>	<u>Wins</u>	<u>Losses</u>	<u>Notes</u>
7/5/2011	nzdusd		x	28	6351	x		EO - bear flag 6 Aces
7/6/2011	eurusd	x		10	6361	x		Fundie - moved stop at 20 pips got only 10
7/8/2011	usdchf	x		-12	6349		x	NFP follow through - none
			Week 26	+26				NFP week- and 4 day week
7/11/2011	gbpusd	x		89	6438	x		RF1010 - took 16 hours
7/11/2011	audusd	x		30	6468	x		RF1010 - IC Alert
7/12/2011	usdjpy	x		70	6538	x		EO
7/13/2011	gbpchf	x		55	6593	x		EO
7/13/2011	gbpchf	x		-30	6563		x	2nd trade stopped out due to bernanke
7/13/2011	eurusd	x		30	6593	x		ALSO 108 PIPS ON XAG*
7/13/2011	gbpusd	x		25	6618	x		
7/13/2011					6618			No Trades but our last 2 XAG trades +70P
			Week 27	+180				
7/19/2011	eurusd	x		10	6628	X		moves stop for follow through and nada
7/19/2011	usdcad	x		54	6682	X		fundie
7/20/2011	eurusd	x		37	6712	X		EO
7/21/2011	audusd	x		24	6743	X		RF1010/EO
7/21/2011	usdchf	x		37	6780	X		EO
7/21/2011	eurusd	x		26	6806	X		EO- moved stop for bigger move
7/22/2011	gbpusd	x		16	6822	X		RF1010- end of day took profit
			Week 28	+204				
7/25/2011	nzdusd	x		45	6867	x		EO- finished in Asian
7/26/2011	nzdusd	x		1	6868	x		Moved stop for bigger move
7/27/2011	audusd	x		46	6914	x		EO- finished in Asian
7/27/2011	eurjpy	x		71	6984	x		EO- finished in London
7/27/2011	eurjpy	x		20	7004	x		EO- finished in next NY
7/28/2011	audusd	x		55	7004	x		Girls made this DID NOT COUNT IN TOTAL*
			Week 29	+238				

8/1/2011	eurusd	x		55	7059	x		Fundie EO went to target
8/1/2011	eurjpy	x		68	7127	x		RF1010
8/2/2011	usdchf	x		52	7179	x		EO-RF1010
8/2/2011	eurusd	x		35	7214	x		EO-RF1010
8/3/2011	usdchf	x		26	7240	x		EO-Fundie - no follow through
8/4/2011	eurusd	x		63	7303	x		EO
			Week 30	+299				

8/8/2011	nzdusd	x		-20	7283		x	rf1010 broke - no Follow
8/8/2011	chfUSD	x		99	7382	x		rf1010
8/8/2011	usdcad	x		85	7467	x		rf1010
8/9/2011	gbpusd	x		26	7493	x		EO
8/9/2011	gbpusd	x		53	7546	x		EO
8/10/2011	usdCHF	x		79	7625	x		EO also got an audjpy for 143 pips*
8/10/2011	gbpusd	x		44	7669	x		EO
8/10/2011	eurUSD	x		0	7669	x		RF1010 - no follow took off at BE- went to tgt/asia
8/10/2011	usdcad	x		0	7669	x		EO - took off after 20 hours for BE
8/11/2011	nzdusd	x		-30	7669		x	RF1010 broke no follow through
8/10/2011	nzdusd	x			7669			No Trades made
			Week 31	+386				
8/15/2011	audusd	x		10	7679	X		UP 26 at one point moved stop for bigger move
8/15/2011	usdcad	x		44	7723	X		
8/16/2011	usdCHF	x		80	7723	X		RF1010
8/16/2011	GBPUSD	x			7723	X		EO
8/17/2011					7723			No Trades- out of town
8/18/2011	eurUSD	x		0	7723	x		took off at BE
8/18/2011	audusd	x		71	7794	x		Moved stop- stopped out
8/18/2011	gbpusd	x		-63	7731		x	looking for 120 pips move - no follow
8/18/2011					7731			No trades (+40 advanced traders and +40 CHF)*
			Week 32	+142				
8/22/2011					7731	x		No trades taken
8/23/2011	nzdusd	x		5	7736	x		up 20 moved stop no follow through
8/23/2011	nzdusd	x		37	7773	x		alerted for after the session
8/24/2011	usdCHF	x		30	7803	x		RF1010
8/24/2011	gbpusd	x		30	7803	x		Alerted but did not take so will not count*
8/25/2011	gbpusd	x		79	7882	x		RF1010 - many took multiple entries
8/26/2011					7882	x		trades taken - swissy intervention
			Week 33	+151				
8/29/2011	eurUSD	x		0	7882	x		No Follow through - UK holiday
8/29/2011	usdCHF	x		-54	7828		x	No Follow through - UK holiday
8/30/2011								No trades in session FOMC
8/31/2011	gbpusd	x		43	7871	x		RF1010

8/31/2011	eurjpy	x		32	7903	x		alerted for after the session
8/31/2011	gbpusd	x		41	7944	x		fundie
8/31/2011	usdchf	x		75	8019	x		EO went in right at the end of the session
8/31/2011	eurjpy	x		41	8060	x		EO -finised next day session
9/1/2011								No trades NFP day
			Week 34	+178				
9/5/2011								No trades - Labor Day
9/6/2011	gbpusd	x		34	8094	x		Up +54 moved stop for bigger move- stopped out
9/6/2011	eurusd	x		46	8140	x		RF1010
9/7/2011	gbpusd	x		-35	8105		x	EO- went +19 then no follow through
9/8/2011	usdchf	x		88	8193	x		EO- from day before finished in session
9/9/2011	nzdusd	x		32	8225	x		EO- from day before finished in session
			Week 35	+130				Lousy week
9/12/2011	eurjpy	x		0	8225	x		took off at BE
9/12/2011	eurusd	x		44	8269	x		<i>had to be live w/it - many probably only got +20</i>
9/12/2011	gbpusd	x		-30	8239		x	in position for bigger move
9/13/2011					8239			no trades
9/14/2011	gbpusd	X		16	8255	X		Up 25 pips -moved stop for bigger move
9/14/2011	nzdusd	X		0	8255	X		No go
9/14/2011	usdchf	X		36	8291	X		Eo for after session - sent immediately
9/15/2011					8291	x		no trades in session -1 alert
9/15/2011	usdcad	x		31	8322	x		alert for after the session -
9/16/2011	usdchf	x		-37	8385	x		Fundie was a no go
			Week 36	+160				Horrible NY session week!
9/19/2011	eurjpy	x		26	8411	x		moved stop for bigger move and stopped out
9/19/2011	gbpusd	x		29	8440	x		moved stop for bigger move and stopped out
9/19/2011	eurusd	x		33	8473	x		moved stop for bigger move and stopped out
9/20/2011					8473			no trades in session
9/21/2011	audusd	x		34	8507	x		backed up and then went to our big target
9/21/2011	nzdusd	x		46	8553	x		then went to our big target +90 more*
9/21/2011	gbpusd	x		54	8607	x		EO- execute on break of support
9/23/2011	nzdusd		x	42	8649	x		took bounce off day chart bottom
9/22/2011					8649			no trades in session
			Week 37	+264				London really cranked - oh well

9/26/2011	audusd	X		0	8649			Fundie Many limited for +30 - moved to BE
9/26/2011	audusd	X		-27	8622		x	EO - Fundie no go
9/26/2011	eurusd	X		-57	8565		x	EO - Fundie (I noted that I did not like the trade)
9/27/2011					8565			No trades in session
9/28/2011	usdcad	x		43	8608	x		alerted for after the session went 50+ more
9/28/2011	audusd	x		46	8654	x		alerted for after the session went 100+ more
9/28/2011	nzdusd	x		36	8690	x		alerted for after the session went 100+ more
9/29/2011	nzdusd	x		62	8752	x		RF1010 with 2 targets
9/30/2011	eurjpy	x		0	8752	x		moved stop for BE
9/30/2011	eurgbp	x		76	8828	x		started looking for this 2 days ago
			Week 38	+179				Horrible NY session week! Month/Quarter end
10/3/2011	usdchf	x		39	8867	x		RF1010-Trade part 1
10/3/2011	usdchf	x		55	8922	x		Wild Card from the white dot - Trade part 2
10/3/2011	audusd	x		34	8956	x		those who took the .786 stop made this
10/4/2011					8956	x		xag +134 pips* no trades but that one
10/5/2011	eurusd	X		-2	8954		X	Fundie - No GO
10/5/2011	usdcad		x	57	9011	x		6 Aces Reversal
10/6/2011	usdchf	x		37	9048	x		Alert for after room close happened immediately
10/7/2011					9048			NFP - Europe traders got 180+ XAG*
			Week 39	+181				
10/10/2011					9048			ProAct Office closed Bank holiday
10/11/2011	eurjpy	x		0	9048	x		EO - up 19 pips stop moved to BE
10/11/2011	audusd	x		0	9048	x		RF1010 - took off @be - went to target later
10/11/2011	usdchf	x		0	9048	x		EO - up 16 pips stop moved to BE
10/12/2011								no calls in session
10/13/2011								No alerts - teacher had jury duty
10/14/2011	eurjpy	x		1	9049	x		Went +19 moved stop - no follow through
			Week 40	+1	9049			only 3 days in the room - no follow through
10/17/2011	eurusd		x	3	9052	x		6 Aces Moved stop at +15
10/17/2011	nzdusd		x	33	9085	x		alert for after the session
10/17/2011	eurusd		x	55	9140	x		6 Aces - 2nd part went in
10/18/2011	eurgbp	x		1	9141	x		RF1010 - went close to target and then came back
					9141			No Trades in session had to close down
10/20/2011	audusd	x		37	9178	x		RF1010 Part 1

10/20/2011	nzdusd	x		51	9229	x		RF1010 Part 1
10/20/2011	eurjpy	x		15	9244	x		RF1010 stop +15 went 3 pips shy of 43 pip target
10/20/2011	nzdusd	x		15	9259	x		RF1010 Part 2 +15 went 5 pips shy of 30 pip target
10/21/2011					9259			No Trades in session had to close down
				Week 41	+211			
10/24/2011	eurusd	*		27	9286	x		moved stop for bigger target
10/24/2011	gbpusd	*		42	9328	x		moved stop for bigger target - sent IC - move stop
10/25/2011					9328			no trades in session - yicky day
10/26/2011	audusd		*	37	9365	*		RF1010
10/26/2011	eurjpy		*	-52	9313		*	EO- up 15 then no follow through
10/27/2011	audusd	X	*	34	9347	*		Technical retrace trade
10/27/2011	usdchf	X	*	53	9347	*		EO
10/27/2011	eurgbp	X	*	-40	9307		*	Eo - no go
10/27/2011	gbpusd	X	*	52	9359	*		RF1010
10/27/2011	nzdusd	X	*	85	9444	*		RF1010
10/28/2011								No Trades - square up and month end RISK!!!!
				Week 42	+190			
10/31/2011	usdjpy	X		300	9744	*		Preplanned Intervention trade -
10/31/2011	audusd	X		51	9795	*		many got 150+
11/1/2011					9795			no trades
11/2/2011	eurusd	x		63	9858	*		alert for after the room closed
11/2/2011	usdchf	x		0	9858	*		no go trade
11/3/2011					9858			no trades
11/4/2011	eurusd	x		42	9900	*		RF1010
11/4/2011	audusd	x		1	9901	*		RF1010 - up +17 - no follow through
11/4/2011	gbpusd	x		1	9902	*		RF1010 - up +17 - no follow through
11/4/2011	nzdusd	x		1	9903	*		RF1010 - up +17 - no follow through
11/4/2011	eurgbp	x		27	9930	*		RF1010 -moved stop @+33
				Week 43	+486			
11/7/2011	gbpusd	x		0	9930	*		Trade did not go managed to B/E
11/8/2011	usdchf	x		164	9930	*		EO - day 1 +97/ day 2 +67
11/9/2011	nzdusd	x		99	10,029	*		Breakout
11/9/2011	usdchf	x		67	10,096	*		2nd EO on the above move
11/9/2011	eurusd	x		45	10,141	*		EO

11/9/2011	nzdusd	x		59	10,200	*		RF1010
11/9/2011	nzdusd	x		70	10,270	*		RF1010
11/10/2011	nzdusd	x		38	10,308	*		RF1010
11/10/2011	audusd	x		34	10,342	*		RF1010
11/10/2011	usdchf	x		-30	10,312		*	EO
11/10/2011	usdcad	X		-34	10,278		*	EO - no follow
11/11/2011					10,278			No trades in session HOLIDAY
			Week 44	+348				
11/14/2011	usdcad	x		41	10,319	X		eo
11/14/2011	usdchf	x		34	10,353	X		RF1010 on Break out
11/14/2011	audusd	x		62	10,415	X		RF1010 on Break out
11/14/2011	eurjpy	x		51	10,466	X		RF1010 on Break out
11/15/2011	eurusd	x		43	10,509	X		RF1010 on Break out
11/16/2011								No trades is session but eo alert
11/16/2011	audusd	x		50	10,559	x		EO
11/16/2011	eurusd	x		62	10,621	x		Alert for after the room close
11/16/2011	chfUSD	x		28	10,649	x		Alert for after the room close
11/16/2011	eurjpy	x		99	10,748	x		Alert for after the room close
11/16/2011	nzdusd	x		1	10,749	x		this went 7 pips from our target - counted it +1
11/17/2011	usdcad	x		25	10,822	x		Alert for after the room close
11/17/2011	usdcad	x		25	10,822	x		Alert for after the room close
11/17/2011	audusd	x		56	10,878	x		Alert for after the room close
11/17/2011	nzdusd	x		35	10,913	x		Alert for after the room close
11/18/2011								No trades in session
11/18/2011	nzdusd	x		35	10,948	x		Alert for after the room close
11/18/2011	audusd	x		40	10,988	x		Alert for after the room close
			Week 45	+629				
11/21/2011	usdcad	x		-37	10,951		X	EO - no go
11/22/2011								No trades- paced EO's
11/22/2011	eurjpy	x		34	10,985	x		EO - went in Asian/London
11/22/2011	nzdusd	x		30	11,015	x		EO - went in Asian/London
11/22/2011	audusd	x		54	11,069	x		EO - went in Asian/London
11/22/2011	eurusd	x		102	11,171	x		EO - went in Asian/London
11/23/2011	audusd	x		29	11,200	x		RF1010

11/23/2011	audjpy	x		0	11,200	x		EO - no go
			Week 46	+212				
11/28/2011	audusd	x		72	11,272	x		EO - went in Asian/London
11/28/2011	gbpusd	x		1	11,273	x		EO - went +14 -NU missed entry by 8 pips for 65
11/29/2011	nzdusd	x		27	11,300	x		EO - went in Australian market
11/29/2011	usdcad	x		85	11,385	x		EO - went in London
11/29/2011	usdchf	x		-30	11,355		x	EO - went profitable /not far enough to get to BE
11/30/2011	gbpjpy	x		35	11,390	x		EO/RF1010 - most got only 23 some got 40
11/30/2011	eurjpy	x		50	11,440	x		EO -
11/30/2011	usdcad	x		1	11,391	x		EO - went +20 before the pullback
11/30/2011	usdchf	x		20	11,411	x		EO- went within 3 pips of target
11/30/2011	eurusd	x		20	11,431	x		rf1010
12/1/2011	audusd	x		86	11,517	x		Alert in NY - went in London
			Week 47	+317				

12/6/2011								No Trades period
12/6/2011	usdcad	x		0	11,517	x		225 in Market analysis on UCAD fundie*
12/7/2011								No trades in session - 2 alerts
12/7/2011	gbpusd	x		22	11,539	x		EO from heads up - went only to first target
12/8/2011	eurjpy	x		45	11,584	x		EO from heads up
12/8/2011	audusd	x		41	11,625	x		EO from heads up - went only to first target
12/8/2011	audusd	x		63	11,688	x		EO from heads up
12/8/2011	nzdusd	x		40	11,728	x		EO from heads up - went only to first target
			Week 48	+211				
12/12/2011								No trades in session lots of EO's
12/12/2011	eurusd	x		15	11,743	x		EO from heads up - went 10 pips from 45p target
12/12/2011	audusd	x		1	11,744	x		EO went 20 pips and no follow through
12/13/2011	eurusd	x		43	11,787	x		RF1010 trade 1
12/13/2011	eurusd	x		41	11,828	x		RF1010 trade 2
12/13/2011	eurjpy	x		36	11,864	x		RF1010 trade - trade 2 IF EO was placed
12/13/2011	gbpusd	x		42	11,906	x		EO from heads up - day before
12/13/2011	usdcad	x		33	11,939	x		EO went 70 more
12/13/2011	EURJPY	x		52	11,991	x		EO from heads up - day before
12/13/2011	audusd	x		38	12,029	x		EO after session
12/13/2011	usdcad	x		33	12,065	x		EO after session
12/13/2011	gbpusd	x		36	12,101	x		EO after session
12/14/2011	usdchf	x		13	12,114	x		EO - moves sstop for 36 pips target - taken out
12/14/2011	nzdusd	x		0	12,114	x		Rf1010 - no follow through
12/14/2011				-43	12,071		x	
12/15/2011	audjpy	x		86	12,157	x		EO after session
12/15/2011	eurjpy	x		15	12,172	x		EO after session - went 34 moved stop
			Week 48	+444				* not counted in total
12/19/2011	usdcad			-30	12,142		x	RF1010= no follow through
12/19/2011	audusd			-31	12,111		x	EO = no follow through
12/19/2011	nzdusd			-31	12,080		x	RF1010= no follow through
12/19/2011	gbpusd	x		91	12,171	x		Blog post and room alert
12/19/2011	eurgbp	x		31	12,202	x		RF1010
12/20/2011	usdchf			-23	12,179		X	RF1010= no follow through- tight stop
12/20/2011	eurgbp	x		-31	12,148		x	Stopped out by 3 pips then went to target

12/20/2011	usdcad	x		15	12,163	x		Went just shy of target - moved stop @ +15
12/20/2011	gbpjpy	x		33	12,196	x		RF1010 after session alert
12/20/2011	audjpy	x		30	12,226	x		RF1010 after session alert
			Week 49	+54				

Week before holiday-
no follow through -
note how many losses
compared to prior

July		648	
August		1156	(includes sept 1)
September		733	many got more due to bigger target-counted min
October		879	xag +1300 pips*
November		1363	includes Dec 1,2
December		709	
Total Trades		385	
Total Losses		43	since January
Ave PIP capture/td		31.7	includes losses Summer brings the average down
Ave Month		1,047	
Totals		12,226	Since January